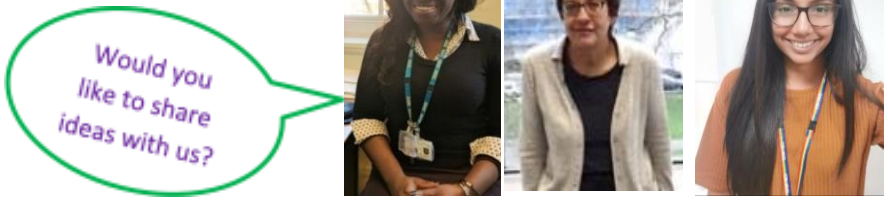
Camden Advisory Group (CAG)

Your experience counts.

Tell us** about changes you want to see**. Have a voice** in shaping how our service works in the future**.

What is the CAG?

The group is formed by **individuals who have used iCope** services in Camden and have asked to be called **advisors**. The group is growing! It is run and organised by the following iCope staff members:



Chinea Eziefula Clinical Psychologist (CAG chair)	**Judy Leibowitz** Head of iCope Psychological Therapies Service	**Kajal Narottam** Psychological Wellbeing Practitioner (CAG rep)

Our aim is to involve as many people who have used Camden iCope services in helping us plan, shape and co-produce the services that we offer. We encourage people from all ages and all community groups to join this group.

When and where do we meet?

Our meetings have now moved online via Microsoft Teams every 6-8 weeks for the foreseeable future. We have **combined** our Camden and Islington advisory groups for these meetings.

Please contact us if you would like the date and time for our next meeting

ONLINE LOCATION: Microsoft Teams

What are the benefits of being an iCope Advisor?

- **Use your knowledge and experiences** to help us shape our service for the better!
- **Be rewarded** for involvement in interviewing and recruiting iCope staff
- **Influence change in the NHS** by sharing your views with politicians, members of parliament (MPs), commissioners and Trust directors
- **Improve and co-produce iCope services** through consultation with us in iCope and our NHS Trust
- Help to **reduce stigma and misunderstanding about mental health** through mental health promotion in the local community and nationally
- **Learn about and engage with local community** events, businesses and partners
- **Strengthen your CV and have fun meeting new people along the way ☺**

Want to give us feedback?

Contact us using the details above. You can also leave us a review on the NHS UK website which you can access here or by scanning this QR code using a QR code reader → → → ↓

What happens at the meeting?

Meeting topics vary. advisors are encouraged to help us think about different aspects of our service and give us guidance. Agenda items are generated by iCope staff members and by advisors.

To join the CAG or for more information just call or email us letting us know your name, we would love to hear from you!

Phone: 020 3317 6757 **Email:** cim-tr.feedbackicopecamden@nhs.net **Web:** http://icope.nhs.uk/get-involved/service-user-involvement/