



Camden and Islington NHS Talking Therapies GSRD/LGBTQIA+ Mission Statement:

Our mission is to cultivate a welcoming, inclusive, and affirming LGBTQ+ sensitive therapeutic space and workplace that appreciates and empowers individuals across the expansive spectrum of gender, sexuality, and relationship diversity.

We strive to reduce the minority stress burden associated with coming out to mental health professionals and colleagues, and instead provide a safe-haven where individuals can share their authentic selves without fear or judgment. We acknowledge the impact of living a world that makes assumptions about gender, sexuality and relationships.

Our committed team places a strong emphasis on intersectionality, recognising the intricate interplay of various identity factors that shape each person's experience. Through training and ongoing staff consultation, we support staff in considering all aspects of the person's identity in therapy, informing a better understanding of the difficulties they face.

We are dedicated to promoting equity and creating an environment for service users and colleagues where diversity is not merely acknowledged but embraced, and where every individual is presumed to be unique and valued.

